

## Witham Mental Health Supported Housing

Essex

### ➤ MENTAL HEALTH

Witham Mental Health Supported Housing has two schemes in Witham, providing a total of 28 flats and one bedsit. We provide support for adults aged 18 to 64, with a range of mental health needs.

- Staff on-site various hours, six days a week
- Short-term supported housing
- Communal lounge, laundry room and garden at Coverdale



**“We support people  
on their pathway to  
independence.”**

Local Service Manager, Witham Mental  
Health Supported Housing

### About Sanctuary Supported Living

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathway to independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.

## Accommodation



### Location

Two schemes in Witham, within walking distance of shops, restaurants, parks, the Adult Community Learning centre and public transport links.



### Accommodation type

Coverdale has a 22 one-bedroom flats and Freebournes Court has six one-bedroom flats and one bedsit.



### Communal areas

At Coverdale, there is a communal lounge, laundry room and garden.



### Safety and security

Staff office on-site, CCTV and a secure door access system help to ensure residents' safety and security.



### Technology

We can provide assistive technology for additional safety and reassurance, which can be purchased at additional cost.



### Rental agreement type

All flats are let on an assured shorthold tenancy agreement.

## Support

Staff draw up a personalised support plan with residents using the Mental Health Recovery Star model. Our highly-trained staff are on-site at both schemes six days a week, and hours vary to suit residents' needs. There is an out-of-hours telephone service, should residents require any further support.

Residents can also purchase additional telecare technology to further promote their independence. We also provide follow-on support when residents move on to live independently.

### Tailored support, advice and assistance includes:

- Maintaining a tenancy
- Managing finances (budgeting and benefits)
- Socialising and community involvement
- Daily living skills (cooking, cleaning, shopping)
- Building confidence, resilience and self-esteem
- Maintaining health, safety and security
- Accessing education, training and work
- Dealing with correspondence
- Signposting and accessing other services
- Planning a successful move-on

## How to apply and eligibility

To begin the application process, please speak to your Community Psychiatric Nurse (CPN) or mental health team. We are unable to accept direct applications. All support needs will be assessed before an application is accepted.

### To be eligible for a place at Witham Mental Health Supported Housing, applicants must be:

- Be aged 18 to 64
- Have your support needs assessed by your Community Psychiatric Nurse (CPN), Care Coordinator or Social Worker, and qualify for support in accordance with Section 117 of the Mental Health Act.

## Contact us

21 Freebournes Court, Newland Street, Witham, Essex, CM8 2BL

**01376 514 187**

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